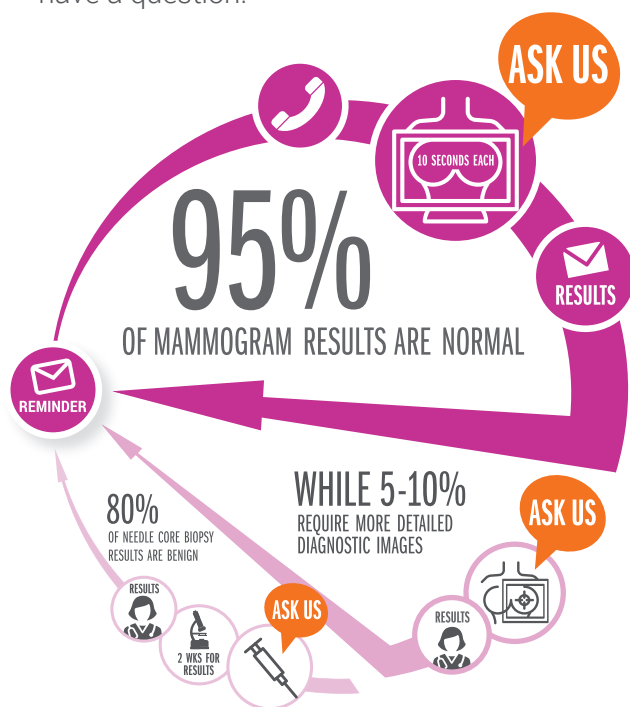




A PATIENT NAVIGATOR OFFERS PATIENTS AND PRIMARY CARE PROVIDERS STEP-BY-STEP INFORMATION AND SUPPORT

Patients and health care providers may have questions about screening and what might come next – don't hesitate to give the Patient Navigator a call if you have a question.



NOVA SCOTIA BREAST SCREENING PROGRAM PROVINCIAL PATIENT NAVIGATOR

Call Sarah at 902-471-1411
(1-844-283-0409 toll free) or email her at:
Sarah.McCarthy@iwk.nshealth.ca



What is a Patient Navigator?

A patient navigator is a person available to you to answer any questions so you can make informed decisions about your care.

FREQUENTLY ASKED QUESTIONS ABOUT THE
NOVA SCOTIA BREAST SCREENING PROGRAM

What is a NSBSP Patient Navigator?

The Nova Scotia Breast Screening Program offers patients support through the role of a Patient Navigator.

A Patient Navigator is a support for patients and physicians, from an abnormal mammogram through to core biopsy. She is available to help answer questions you may have and help guide you through the health care system.

Being called back for additional imaging can be a time of increased anxiety for patients. It may also raise questions about what to expect about upcoming procedures, wait times, and results. Your NSBSP Patient Navigator will be able to answer these questions.

Although there is a lot of information available on the internet about different imaging procedures it is important to have a single point of contact that you can trust. The NSBSP Patient Navigator will be your contact person and is a source of reliable information. She will answer your questions ensuring that you have the most accurate information available.

breastscreening.nshealth.ca

DO I SPEAK TO MY HEALTH CARE PROVIDER OR THE PATIENT NAVIGATOR?

There is no replacement for your Health Care Provider. All results from any tests you may have will be relayed to you through your health care provider. However, if after getting your results from your health care provider and you have further questions, call the Patient Navigator.

HOW AM I FOLLOWED THROUGH THE SYSTEM?

The Patient Navigator is actively involved in database entry and management through the use of the NSBSP's robust database. All breast imaging visits are tracked, followed up and evaluated through this database to ensure that you are booked in a timely manner for all appropriate procedures.

HOW DO I CONTACT THE PATIENT NAVIGATOR?

The Nova Scotia Breast Screening Provincial Patient Navigator is Sarah McCarthy. She can be reached locally at: **902-471-1411** (or toll free at 1-844-283-0409) as well as via email: Sarah.McCarthy@iwk.nshealth.ca

Sarah McCarthy
Provincial Patient Navigator

902-471-1411
1-844-283-0409 (toll free)
Sarah.McCarthy@iwk.nshealth.ca

Sarah McCarthy

