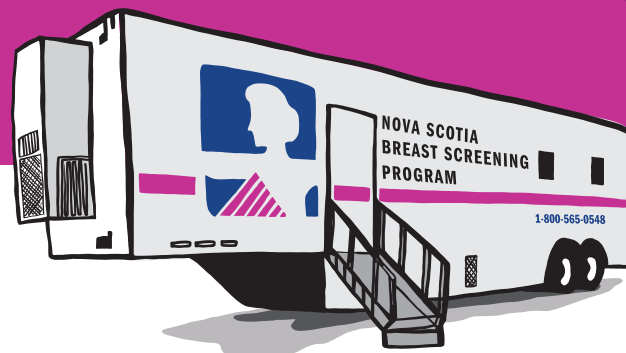


Nova Scotia Breast Screening Program

Screening Mammogram: 2024 Mobile Schedule



What is a screening mammogram?

A screening mammogram is two X-ray pictures of each breast performed by a highly trained mammography technologist.

WHY ARE THEY IMPORTANT?

A screening mammogram looks for breast cancer in women who do not have breast symptoms. Screening mammograms can find breast cancer in its early stages, even before a lump can be felt. Women with symptoms such as a lump or new skin dimpling should see their health care provider immediately to determine if other testing is required.

WHO IS ELIGIBLE?

- Every 2-3 years for women aged 50-74
- Women ages 40-49 and 75+ can self-refer into the Program, if they choose
- No breast implants
- No previous breast cancer
- No new breast symptoms

HOW DO I BOOK ONE?

You can make the appointment yourself by calling the Nova Scotia Breast Screening Program (NSBSP). You do not need referral from a health care provider to book a screening mammogram. **Call 902-473-3960 or 1-800-565-0548 (toll free).**

WHERE DO I GO?

Mammograms can be done at one of our 11 fixed sites or 30 mobile stops across NS.

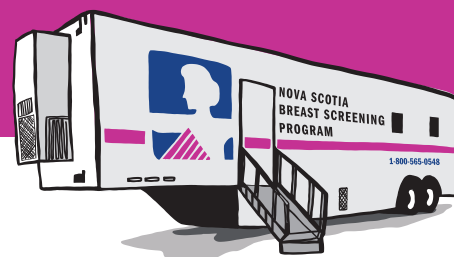
This year's mobile schedule is provided here or you can check breastscreening.nshealth.ca for a list of NSBSP permanent locations.

On the Day of your Screening Mammogram:

- > Bring your health card.
- > Wear a 2 piece outfit with a top that buttons up the front. You will be asked to undress from the waist up.
- > Do not use deodorant, powder, creams or lotions on the day of your appointment. These products may show up on the X-ray picture and make it harder to read your mammogram.
- > **Be Breast Aware.** See your health care provider about any new breast symptoms even if you have recently had a normal mammogram.

Nova Scotia Breast Screening Program

Screening Mammogram: 2024 Mobile Schedule



COMMUNITY	MOBILE LOCATION	DATES
1. Glace Bay	Glace Bay General Hospital	April 2 - 24
2. New Waterford	New Waterford Consolidated Hospital	April 25 - May 8
3. North Sydney	Northside General Hospital	May 9 - June 1
4. Neil's Harbour	Buchanan Memorial Hospital	June 3 - 8
5. Cheticamp	Sacred Heart Hospital	June 10 - 19
6. Inverness	Inverness Consolidated Memorial Hospital	June 20 - 29
7. Pictou Landing	Pictou Landing First Nations Health Centre	July 2
8. Tatamagouche	Lillian Fraser Memorial Hospital	July 3 - 6
9. Parrsboro	South Cumberland Community Care Centre	July 8 - 9
10. Indian Brook	Indian Brook Health Centre	July 10 - 11
11. Kennetcook	Guardian Pharmacy	July 12 - 13
12. Hantsport	Glooscap First Nation Health Centre	July 15
13. Middleton	Soldiers Memorial Hospital	July 16 - August 3
14. Digby	Digby General Hospital	August 6 - 21
15. Long Island	Royal Canadian Legion	August 22 - 23
16. Comeauville (Clare)	Radio CIFA Building	August 24 - 31
17. Shelburne	Roseway Hospital	September 3 - 11
18. Liverpool	Queens Place Emera Centre	September 12 - 25
19. Caledonia	North Queens Community Health Center	September 26 - 28
20. North Preston	North Preston Community Centre	October 1 - 2
21. Sheet Harbour	Eastern Shore Memorial Hospital	October 3 - 9
22. Sherbrooke	St. Mary's Hospital	October 10 - 12
23. Guysborough	Guysborough Memorial Hospital	October 15 - 17
24. Canso	Canso Medical Centre	October 18 - 21
25. Arichat	St. Anne's Community & Nursing Care Centre	October 22 - 29
26. Cleveland	Strait Richmond Hospital	October 30 - November 9
27. Whycocomagh	Waycobah First Nations Health Centre	November 12 - 13
28. Baddeck	Victoria County Memorial Hospital	November 14 - 23
29. Eskasoni	Eskasoni Health Center	November 25 - 28
30. Sydney	Cape Breton Regional Hospital	November 29 - March 2025

**Dates are subject to change if the program encounters any staffing issues, workload changes or equipment breakdowns.*



Call 1-800-565-0548 to book an appointment on a date and at a location that is most convenient to you.

